



**Lockyer's Middle School**  
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**Headteacher:** Miss Antonia Dufek BSc (Hons) NPQH  
**Deputy Headteacher:** Mr Thomas Mockridge BSc (Hons) NPQSL

17th March 2025

Dear Parents/Guardians

Pupils in Years 5 and 6 will be starting lessons about Relationship and Sex Education within their PSHE curriculum next half term. **These lessons are very much geared to each year group, to ensure that every child is being provided with the appropriate knowledge and understanding required.** It is the aim of the Government and the Local Authority to ensure that children are well versed with this area of their education. It is felt, through evidence, that those children who have a greater understanding can make positive choices in the future.

The purpose of Relationship and Sex Education (RSE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

The RSE programme has been developed through collaboration across Initio Academy Trust, using guidance from the National Curriculum, Ofsted, NHS Sexual Health Dorset and the PSHE Association. **All teaching materials are appropriate to the age and emotional maturity of the pupils and the teachers will aim to present the programme in an objective, balanced and sensitive manner.**

Please find below a brief outline of the lesson content.

#### **Year 5: Relationships and puberty.**

This unit will cover three main themes: relationships, puberty and looking after themselves. Your child will learn about different types of relationships, the difference and similarities between males and females and the changes that will happen to their bodies during puberty. They will also understand how to look after their physical, mental and emotional health as they go through puberty.

#### **Year 6: Relationships.**

This unit will cover the themes of healthy relationships, the link between puberty, reproduction and a baby, and committed and loving relationships. Your child will learn about the importance of respect within a healthy relationship and understand what is meant by a committed, loving relationship. They will also learn about age





restrictions for sexual intercourse and how a baby depends on adults emotionally and financially in order to meet its basic needs.

For further information, please visit our website where you will be able to find our RSE policy, learning questions being delivered throughout the unit of work, links to the video clips which will be shown and extra information. If you would like to discuss the programme further, please join me for an open drop-in session on **Tuesday 25th March, 2025 - 3:30pm - 4:00pm.**

Parents have the right to request that their child be withdrawn from **some or all of the sex education** delivered as part of statutory RSE. If you wish to withdraw your child, please write a letter to Miss Dufek. Under the statutory curriculum from the Government, there is no right to withdraw from Relationships Education or Health Education.

Yours sincerely

Mrs. L Evans

(PSHE lead)